

# PLANNING ENTRAINEMENT

Saison **2025/2026**

## VENCE

| Salle FALCOZ  |       | Salle FALCOZ  |               |               |       |               |
|---------------|-------|---------------|---------------|---------------|-------|---------------|
| LUNDI         | MARDI | MERCREDI      |               |               | JEUDI | VENDREDI      |
| 17h00 – 18h30 |       | 17h15 – 18h15 | 17h15 – 18h30 | 17h15 – 18h45 |       |               |
| CF            |       | LOISIRS       | PRE CF        | CHALLENGE     |       | 17h30 – 19h00 |
| 18h30 – 20h30 |       | 18h30 – 20h30 |               |               |       | CF            |
| COMPETITION   |       | COMPETITION   |               |               |       | 18h30 – 20h30 |
|               |       |               |               |               |       | COMPETITION   |

## CARROS (Gymnase le Planet)

| LUNDI         | MARDI         | MERCREDI    |             |               | JEUDI | VENDREDI | SAMEDI        |
|---------------|---------------|-------------|-------------|---------------|-------|----------|---------------|
|               |               |             |             |               |       |          | 11h00 – 13h30 |
|               |               |             |             |               |       |          | COMPETITION   |
|               |               | 13h00-14h00 |             |               |       |          |               |
|               |               | LOISIRS 1   | 13h30-15h00 | 13h30 - 14h45 |       |          |               |
|               |               | 14h00-15h00 | CF          | PRE CF        |       |          |               |
|               |               | LOISIRS 2   | 15h00-16h30 | 14h30-16h30   |       |          |               |
|               |               |             | CHALLENGE   | COMPETITION   |       |          |               |
| 17h00 – 18h30 | 17h00 – 19h00 |             |             |               |       |          |               |
| CF            | COMPETITION   |             |             |               |       |          |               |